

Sustainability Checklist for ISMF Events

Introduction

The starting point for improving the sustainability of a ski mountaineering race is to understand and analyse, in a systematic and careful way, how environmental factors will affect it from a broad perspective.

The ISMF identifies this phase with the completion of an environmental diagnosis, which will determine and characterize all aspects that may be related to the sustainability of every race, even those over which there is no direct control, but which have an influence.

A brief report should also be submitted including pictures along with this form.

General Information

Name of the event	<i>As described in ISMF calendar</i>
Organiser	<i>LOC's name</i>
Place	<i>City/town, Region, Country</i>
Dates	<i>xx/xx/xx Individual</i> <i>xx/xx/xx vertical</i>
Number of competitors	<i>Total competitors in all competitions and categories</i>
Number of Staff	<i>Total Volunteers and Professionals</i>
LOC Sustainability Officer	<i>Name, Tel and mail</i>

Instructions for completing the checklist:

The checklist includes measures related to the following areas:

- A. Resources**
- B. Waste**
- C. Mobility**
- D. Catering**
- E. Energy**
- F. Communication**



International Ski
Mountaineering
Federation

G. Acoustics

H. Social Responsibility and Bonuses

By completing the checklist, Local Organizing Committees indicate which measures will be adopted in the organization of ISMF World Cup events.

Some measures must be applied obligatorily and are indicated in red. All mandatory measures (A1, B1, B2, B3, F1, F2, F3, F4, H1, and – if beverages and/or food are offered – D1 and D2) must be adopted and documented in the final report.

■■■■ Mandatory measure

Optional measures are assigned different colors, as they have different weights for evaluation.

■■■■ particularly important

■■■ very important

■■ important

■ less important

For each measure, one of the listed options must be chosen. In some cases, the "No" option must be justified.

Every event has different premises and characteristics. In the last column, special cases can be checked if necessary. When evaluating the checklist, this aspect will be taken into account. The evaluation is carried out by the Sustainability Commission.

Responsible for Resources (Name): _____

A. Resources

Publicity/ printed material				
A1	■■■■	The material is printed entirely on certified virgin fiber paper (FSC, PEFC, Ecolabel certification). (FSC or PEFC certification or Ecolabel). See also A3.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
A2	■■■■	Digital advertising possibilities are used (e.g., website, newsletter, email, social networks): <div><input type="checkbox"/> Advertising takes place both digitally and in print. <input checked="" type="checkbox"/> Advertising takes place only digitally (all printed material is completely dispensed with).</div>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
			Reason for "No": _____	
			<input type="checkbox"/> There are no digital advertising tools available.	
A3	■■■■	The material is printed on recycled paper: <div><input type="checkbox"/> partly on 100% recycled paper and partly on certified virgin fibre paper (FSC, PEFC, Ecolabel) <input checked="" type="checkbox"/> entirely on 100% recycled paper (e.g. with the "Blue Angel" label)</div>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
			<input type="checkbox"/> Printing of material is dispensed with.	

A4	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	The print run and the number of pages of printed material are limited to the quantity required.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Printing of material is dispensed with.
A5	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Printed material (leaflets, programmes, posters) is distributed in a targeted manner.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Printing of material is dispensed with.
A6	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The printing documentation is made available digitally, without printing it.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No documentation is required for printing.
A7	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The documentation for the participants (e.g. handouts) is made available digitally, without the need to print it.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No documentation is provided for participants.
A8	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Advertising materials (e.g. banners, flags, panels) are reused.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No advertising tools are used.
A9	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Measures taken with regard to advertising/printed material are made public (e.g. on printed material, via information posters, on the website).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
A10	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The material is printed in a climate-neutral manner (e.g. via ClimatePartner).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Printing of material is dispensed with or is printed within the association.
A11	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The documentation for the press and/or for the participants is printed on both sides on recycled paper, the number of color prints is reduced. The folders are made of (recycled) cardboard.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No documentation is provided for either the press or the participants.
A12	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	For new banners, banners and panels, PVC-free materials are used.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No (new) advertising tools are used.
Use of materials					
A13	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Large and/or reusable containers (e.g. reusable crates and containers, barrels, large packages) are mostly used for products and their transport.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No materials or products are transported or supplied.
A14	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Structures and equipment (e.g. bars, tables, tents, stage) are rented, reused or recycled.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No facilities or equipment are used.
A15	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The use of chipboard panels (for wood-based structures and equipment) is dispensed with.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No wood-based materials or structures or equipment are used.
A16	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Name tags or plastic wrappers or laces are collected at the end of the event and reused.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Name tags are not used.

Decorative material, advertising items and gadgets

A17	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>Products intended for sale (e.g. handicrafts, merchandising, foodstuffs from producers who practice direct sales) have been produced and processed in the region and are marked accordingly:</p> <p> <div></div> some <div></div> more than a third, <div></div> more than half <div></div> 100% </p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No products or items are sold, with the exception of catering products (food and beverages for consumption on site).
A18	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>The distribution of promotional gadgets, sponsored products and race packs is entirely waived.</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> However, there will be no distribution of free items.
A19	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>Advertising gadgets, sponsored products or products for sale are produced with ecological or natural materials or from organic farming or fair trade or produced by a non-profit institution.</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There is no distribution of promotional gadgets, race packs or even the sale of products.
A20	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>Promotional gadgets, sponsored products and/or race packs are distributed only on request.</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Neither advertising gadgets nor a goodie bag are provided.
A21	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>Instead of promotional items, services (e.g. entrance tickets, vouchers) are offered free of charge, including in race packs.</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Neither advertising gadgets nor a goodie bag are provided.
A22	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>Advertising gadgets and other products made available by the sponsors, even in the race pack, are reusable for a long period or recyclable or edible and not individually packaged.</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Neither advertising gadgets nor a goodie bag are provided.
A23	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>The prizes (for winners or raffle) are made up of services (vouchers) or locally produced or fair-trade items or are produced with eco-friendly or natural materials.</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There are no prizes.
A24	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>Decorative materials are either reused or recyclable (e.g. compostable).</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No decorative materials are used.
A25	<div> <div></div> <div></div> <div></div> <div></div> </div>	<p>The plants used during the event (for decoration or offered as gifts) are:</p> <p> <div></div> Regional, seasonal or fair trade cut flowers or twigs (e.g. fir twigs) <div></div> potted </p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No plants are used.

A26 ☒ ☒ ☐ ☐ The use of disposable tablecloths is dispensed with. ☐ Yes ☐ No ☐ However, no tablecloths are used.

Water consumption, hygiene and cleanliness

Please specify which toilets (and where) are available: _____

A27 ☒ ☒ ☒ ☐ The persons responsible for the event venue are informed of the measures regarding water consumption, hygiene and cleanliness and asked to carry out the measures. ☐ Yes ☐ No ☐ The organisers themselves are responsible for implementing the measures in terms of water consumption, hygiene and cleanliness.

A28 ☒ ☒ ☒ ☐ All paper hygiene products are made of recycled paper (toilet paper, paper towels, e.g. with the "Blue Angel" brand). ☐ Yes ☐ No ☐ No toilets are available, not even mobile toilets.

A29 ☒ ☒ ☒ ☐ The toilets or kitchen are equipped with water-saving technical equipment (e.g. water-efficient flushing systems, water-efficient taps). ☐ Yes ☐ No ☐ There are no toilets or a kitchen or only chemical toilets without water supply.

A30 ☒ ☒ ☐ ☐ Water-saving measures are implemented in the toilets and kitchen (e.g. training of employees on the use of water and dishwashers). ☐ Yes ☐ No ☐ There are no toilets or a kitchen or only chemical toilets without water supply.

A31 ☒ ☒ ☐ ☐ Cleaning agents are used wisely. ☐ Yes ☐ No ☐ No detergents are used.

A32 ☒ ☒ ☐ ☐ The detergents contain plant-based surfactants or are marked with the Ecolabel. ☐ Yes ☐ No ☐ No detergents are used.

A33 ☒ ☐ ☐ ☐ Soaps and detergents are purchased in maxi packages. ☐ Yes ☐ No ☐ No soaps or detergents are used.

Waste Officer (please indicate name): _____

B. Waste

B1 ☒ ☒ ☒ ☒ A sufficient number of visitor bins are available for the separate collection of dry residue and recyclable materials (e.g. paper, glass, plastic). ☐ Yes ☐ No

B2 ☒ ☒ ☒ ☒ A sufficient number of bins or collection points are available for employees and stand operators for the separate collection of dry residues and recyclable materials (e.g. glass, paper, cardboard, organic waste). ☐ Yes ☐ No



B3	■■■■	Employees and visitors are informed about separate waste collection and the reuse system – where available – and are invited to separate waste scrupulously.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
B4	■■■■	The competent staff is responsible for the proper conduct of separate collection and emptying of waste bins, including visitor bins.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Reason for "No": <input type="checkbox"/> No waste is produced during the event.
B5	■■■□	Cooking oil and other problematic substances (e.g. batteries, chemicals) are collected separately.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No waste or substances of concern are produced during the event.
B6	■■□□	The return of reusable tableware is guaranteed (thanks to a storage system on the tableware or through the competent staff).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Reusable tableware is not used.
B7	■■□□	The mobile toilets are connected to the existing sewer system.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No mobile toilets are used.



Mobility officer (please indicate name): _____

C. Mobility

C1	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	The event venue is easily accessible by bus, train, bicycle or on foot or by cable car/cable car.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
C2	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	The choice of the time of the event (start and end) takes into account the timetables of public transport or a special shuttle service is available.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The place is not accessible by bus, train, cable car etc.
C3	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Before the event, visitors receive information about bus and train timetables, the network of cycle paths or other sustainable mobility options (on the website, in the invitation, by e-mail or by voice/telephone).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
C4	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Visitors are encouraged (e.g. voucher for a free drink, reduced admission) to favour the use of means such as: bus, train, bicycle or other environmentally friendly means of transport to get there.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
C5	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Shuttles are available <input type="checkbox"/> to and from the event venue for athletes/guests/artists. <input checked="" type="checkbox"/> to and from the event venue for visitors.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There is no need to set up a shuttle service because the event venue is well connected to the public transport network and the event time takes into account the public transport schedules.
C6	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	On the invitation, on the website or in the e-mails there is the following notice: "Visitors/participants are invited to give preference to environmentally sustainable means of transport for the trip."	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
C7	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	A contact person is available on site during the event to provide information on environmentally friendly solutions to get to the event site or information on environmentally friendly mobility solutions (e.g. timetables, signage for shuttle stops, car-pooling) is made available in a clearly visible manner.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
C8	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Incentives for the use of cars to reach the event venue (e.g. free parking) are waived.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> However, it is not possible to reach the event venue by car.
C9	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The revenue from paid parking is used to finance environmentally friendly means of transport.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There is no revenue from parking or the organizers cannot dispose of it.


C10	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	To get to the event venue or to depart from it, you can call a shared taxi.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> It is not necessary to have a shared taxi service available because the event venue is well connected to the public transport network and the time of the event takes into account the timetables of public transport.
C11	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	A car-pooling service is set up or an existing service is used, or rides and shared journeys are arranged.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event venue is well connected to the public transport network, and the event schedule takes into account public transport schedules.
C12	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The accommodation of guests or participants (e.g. athletes, artists) is located in the immediate vicinity of the event venue or is well connected to the public transport network.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Guests and participants come from the surrounding areas and/or do not need accommodation.
C13	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Employees are invited to set an example for everyone, whether on foot, by bicycle or public transport, or by carpooling.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No employees are involved.
C14	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The use of the shuttle service is free of charge for visitors.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There is no shuttle service available.
C15	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The greenhouse gas emissions produced on the way to the event are offset through a donation to support climate protection projects or a tree-planting initiative.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
C16	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Rental bicycles or electric bicycles (e-bikes) are available.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The place of the event is difficult to reach or not reachable by bicycle.
C17	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	A sufficient number of bicycle parking spaces are available at the event site.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The place of the event is difficult to reach or not reachable by bicycle.







Catering Officer (please indicate name): _____


D. Catering


☐ No food or drink is offered during the event. ☒ Continue under area E (energy).






D1		At least 50% of the required tableware (e.g. plates, glass or plastic cups) and cutlery must be reused. See also D3.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No crockery or cutlery is used, nor is there any possibility of connecting a dishwasher.
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D2		The use of aluminium cans for beverages is dispensed with.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Apart from tap water, no other drinks are offered.
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D3		Most of the necessary tableware (e.g. plates, glass or plastic glasses) and cutlery are reusable:  much more than 50% (of the necessary crockery and/or cutlery)  100% (of the necessary crockery and cutlery)	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No crockery or cutlery is used, nor is there any possibility of connecting a dishwasher.
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D4		The catering offered is carefully planned and purchases are proportionate to needs to avoid surpluses and waste.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
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D5		At least 50% of the dishes on the menu (excluding desserts) are vegetarian dishes (without meat and meat products, without fish).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Only drinks or only desserts are offered.
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D6		The products used come from controlled organic cultivation:  some types  more than a third  more than half  100%	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
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D7		Fruits and vegetables are in season:  some  more than a third,  more than half  100%	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Neither fruit nor vegetables are used.
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D8	■■■■■	<p>The products used come from the region:</p> <p>For unprocessed products, this means: produced in the region (e.g. apples). For processed products, this means: the raw materials are produced and processed in the region (e.g. jam for doughnuts) and/or the products are marked with the "Red Rooster", "South Tyrolean Quality" or equivalent brands.</p> <p><input type="checkbox"/> some</p> <p><input type="checkbox"/> more than a third,</p> <p><input type="checkbox"/> more than half</p> <p><input type="checkbox"/> 100%</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
D9	■■■■■	<p>The products, which do not grow in our latitudes for climatic reasons, come from fair trade:</p> <p><input type="checkbox"/> Coffee & Cocoa</p> <p><input type="checkbox"/> coffee, cocoa and other products such as bananas, sugar, chocolate, spices</p>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Neither coffee nor cocoa is offered, and no other typical products of the countries of the Global South are used either.
D10	■■■■■	Tap water is made available to everyone free of charge (e.g. via jugs or other containers or from the fountain).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
D11	■■■■■	Surplus food, beverages and raw materials are recovered or distributed or donated to other operators for use.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
D12	■■■■■	Mineral water, soft drinks and beer are offered in reusable containers (barrels, returnable glass bottles) where available.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Apart from tap water, no other drinks are offered.
D13	■■■■■	Food is mostly purchased from local producers or in local stores.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Organizers cannot influence food purchases.
D14	■■■■■	The following information appears on the menu/price list: "regional" or indication of place of origin "organic product" "fair trade product".	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<p>Reason for "No":</p> <p><input type="checkbox"/> There is no printed menu/price list.</p>
D15	■■■■■	On request it is possible to have reduced portions.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No
D16	■■■■■	The use of exotic fruits (bananas, pineapples, etc.) is dispensed with.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Fruit is not used.
D17	■■■■■	The proposed fish comes from regional farms or certified sustainable fishing (e.g. "MSC", "Friend of the Sea" labels).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No fish is offered.



D18	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The fresh eggs used come exclusively from free-range farms.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Eggs are not used.
D19	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Disposable plates and/or cups, where used, are made of cardboard, preferably recycled cardboard.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Reason for "No": <input type="checkbox"/> You don't need crockery or use disposable crockery.
D20	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	All catering paper products are made from recycled paper (e.g. kitchen paper rolls, napkins).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No paper products are used for catering.
D21	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Instead of single-serving portions (for ketchup, mustard, mayonnaise) large packs or dispensers are used.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Neither ketchup, mustard nor mayonnaise is offered.
D22	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The use of disposable aluminium coffee capsules is dispensed with.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No coffee is offered.

Energy Officer (please indicate name): _____

Please specify which structures or buildings are used: _____

E. Energy

E1	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	Event halls are not heated to a temperature higher than 20°C. At night, the heating is turned down.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event takes place outdoors or during warm weather.
E2	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	In summer, the indoor temperature is never lowered by more than 6°C compared to the outside.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event takes place outdoors or during the cold season.
E3	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	The responsible persons at the event site are informed of the energy measures and asked to carry out the measurements.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The organisers themselves are responsible for the implementation of the energy measures or no equipment, lighting, heating or cooling is used.
E4	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	The building or installation is energy-saving. It has, for example, the CasaClima certification or there is a heat recovery system from ventilation or cooling systems.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event takes place outdoors or inside a marquee or similar (not inside a building).
E5	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	The use of electric or gas-powered radiators (e.g. heating mushrooms) outdoors or inside tents is dispensed with.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event takes place completely indoors or during the warm season.
E6	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	The amount of lights is kept to a minimum.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No lighting is required.
E7	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Equipment, lighting, etc., should only be switched on when used.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No equipment or lighting is used.
E8	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Employees are trained in the energy-saving use of appliances, lighting, heating, air conditioning, etc.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No equipment, lighting, heating, etc., are used.
E9	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Energy-saving light bulbs are mostly used as part of the event.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No lighting is required.
E10	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Electrical devices are efficient in terms of the energy used (e.g. energy efficiency class A).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No electrical devices are used.
E11	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The energy demand is met by renewable energy sources (e.g. photovoltaic energy).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No electricity is used.
E12	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The energy used for heating and/or cooling comes from renewable energy sources (e.g. wood, geothermal systems, etc.).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No warm-up or cooling is required or the event takes place outdoors.



E13	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	The energy used to heat the water comes from renewable energy sources (e.g. solar energy).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There is no hot water in the toilets and/or kitchen.
E14	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Greenhouse gas emissions caused by energy consumption are offset through a donation to support climate protection projects or a tree-planting initiative.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
E15	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Electricity is supplied through the public electricity grid (not through generators powered by diesel or gasoline).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No electricity is used.
E16	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	To avoid light pollution, excessive outdoor lighting and skybeamers are dispensed with.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event takes place in daylight or enclosed spaces or no lighting is required.
E17	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Fireworks and other pyrotechnic items, etc., are dispensed with.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> However, there are no fireworks games during the event.



Responsible for communication (please indicate name): _____

F. Communication

F1	■■■■■	Employees are informed about the sustainability aspects (workshops, meetings, guidelines, etc.) before the event, are involved in the planning and invited to implement the sustainability measures.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
F2	■■■■■	The event is promoted as a sustainable event (e.g. in printed material, on the website, in press releases, on social networks).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
F3	■■■■■	During the event, the most important measures taken are presented through the information poster, in at least one clearly visible place.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
F4	■■■■■	Digital advertising options are used (e.g. homepage, newsletter, email, social networks)	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Reason for "No": <input type="checkbox"/> Neither a website nor a social network profile is available, nor is a brochure printed.
F5	■■■■■	The program of the event also includes environmental education activities aimed at children and/or adults (e.g. upcycling workshops, stands to present eco-sustainable mobility solutions, questionnaires on environmental issues, DIY workshops from recycled materials, etc.).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There are no activities for visitors.



Responsible for acoustics (please indicate name): _____

G. Acoustics

G1	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Soundproof relaxation areas are created.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event is not noisy.
G2	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Noise pollution due to the event (e.g. music, pyrotechnic devices or articles) is deliberately reduced.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event is not noisy.
G3	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Earplugs are available free of charge on request.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event is not noisy.
G4	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Residents are informed of the event and the possible inconveniences associated with it and are invited to take part.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The venue of the demonstration is not inhabited by residents or the demonstration is not noisy.
G5	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Events with a high level of noise pollution take place at a safe distance from residential areas, hospitals, retirement homes, etc.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> The event is not noisy.
G6	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	In sensitive areas (e.g. alpine pastures) amplifiers are not used.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There are no sensitive areas at the site of the event.

Social Responsibility Officer (please indicate name): _____

H. Social Responsibility

Alcohol					
H1	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	Compliance with the provisions of the law is ensured (prohibition of the sale of alcoholic beverages to minors under 18 years of age and to persons in an obvious state of drunkenness).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
H2	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/>	Tempting alternatives to alcoholic beverages are offered, at lower prices.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No alcoholic beverages or no food or beverages are offered or alcoholic beverages are the focus of the event (e.g. wine tasting).
H3	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	On the menu, alcoholic beverages are clearly indicated (e.g. with the words "for persons over 18 years of age").	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No alcoholic beverages are offered, no food or beverages are offered, or there is no printed menu.
Removal of architectural barriers					




H4	■ ■ ■ ■	The venue is barrier-free. At least one barrier-free toilet for people with disabilities is available.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Reason for "No":
H5	■ ■ ■ ■	For people with disabilities there is a special parking lot near the entrance.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Reason for "No":
					<input type="checkbox"/> However, there are no parking spaces available at the venue.
H6	■ ■ ■ ■	The seats and/or tables are set up in such a way as to ensure the passage of people equipped with a wheelchair, walker rollator or baby carriage. For wheelchair users, there are suitable seats that ensure good vision.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No seats or tables are provided.
Social Responsibility					
H7	■ ■ ■ ■	Associations and volunteers are involved in the organization in order to promote volunteering.	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> All employees carry out the work within the scope of their paid work.
H8	■ ■ ■ ■	During the event, non-profit environmental or social associations are offered the opportunity to present their activities and raise funds (e.g. solidarity stands).	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> There will be no sales stands or information stands during the event.



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Bonuses/Additional Measures

H9  Additional social or sustainability-enhancing measures are taken, which are not included in the checklist. List: ☐ Yes ☐ No

The checklist was compiled by:

on date:

The completed checklist should be sent to the following e-mail address: sustainability@ismf-ski.org